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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 14, 2004

Dear Sir or Madam:

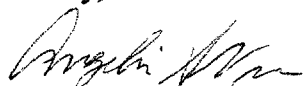
This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Extreme NOS Pumped - Punch supplements under the WorldWide Sports Nutrition label:

Ingredients: Niacin, Folic Acid, Sodium, Potassium, Glycerin, L-Arginine, L-Arginine Alpha-Ketoglutarate, Caffeine.

- Helps Promote Nitric Oxide Synthesis
- Arginine is an amino acid involved in the formation of nitric oxide.
- During workouts, nitric oxide production can help support circulation and muscles.
- Extreme NOS Pumped also contains glycerin, which may help support body hydration, and Caffeine to promote energy flow.
- Dietary intake is important for plasma Arginine levels and daily supplementation can help, especially before exercise.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,


Angelica S Vrablic, Ph.D.
Manager, Nutrition Research

ASV/mb

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